

Seasons of Change

Small Steps Toward New Beginnings

For guests like **Sam**, **Mya**, and **Sarah**, your support walks alongside them on their path to recovery.

Thanks to your generosity, adults experiencing homelessness in Anchorage are met with dignity, care, and compassion at every step of their journey. Guided by three essential elements--trust, transportation, and transition, the 3rd Avenue Resource and Navigation Center (3RNC) helps guests take meaningful steps toward stability at their own pace, offering a safe space where they feel seen and valued.

For Sam, trust began with a familiar face and a welcoming environment. After 193 visits to 3RNC, he had found not only showers but encouragement, belonging, and a community that celebrated his progress. With guidance from a navigator, he built a résumé, applied for jobs, and is now employed and searching for an apartment.



ABOVE: 3RNC creates regular contact between guests, staff, and local service providers, which builds a foundation of trust and opportunity.

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Your support provided *Sam* with the tools, guidance, and confidence he needed to move forward.

Reliable transportation and on-site services help guests overcome barriers and regain independence. For *Mya*, that meant completing applications on a computer and soon landing a job. Her navigator provided a bus pass, ensuring she could get to work safely and consistently. Because of your investment, guests like *Mya* have the resources,

confidence, and opportunities to pursue stability, embrace responsibility, and thrive.

At 3RNC, your involvement removes obstacles, nurtures trust and walks alongside every guest through their transitions. *Sarah*, for example, accessed on-site services to obtain her birth certificate and connect with staff, eventually pursuing sobriety and entering treatment to begin her recovery journey. Thanks to you, each step toward a brighter future is possible, and no one must face it alone.



ABOVE: The staff at 3RNC build rapport with guests by spending time, chatting, and helping them with basic needs first, building trust and a foundation for deeper engagement and growth.

BELOW: Brother Francis Shelter and 3RNC work in tandem, providing everything from emergency shelter to long-term support services, so guests have as much opportunity as possible to build permanent stability.





our neighbors in need Brother Fran

Extending the Impact: FY25

Brother Francis Shelter and 3RNC work

together to provide help to thousands of

Brother Francis Shelter served **799** guests **88,272 meals** served **46,228 nights** of safe sleep



48 Support Services On-site with more than 1,300 interactions with guests

1,823 guests used Navigation Services1,065 guests took Showers905 guests received Transportation

Celebrating Achievement:

Former shelter guest emerges in Anchorage as fine artist

This fall we had the joy of attending Noel Perez Delgado's art show graciously hosted by Stephan Fine Arts at the Hotel Captain Cook!

We first met Noel (pictured at right) as a guest at Brother Francis Shelter during a difficult period in his life. But when community-supported art activities led by Sister Lucia created an opportunity for Noel to explore, the trained architect turned out to be a stunning visual artist as well.

Thank you to everyone who attended the show and encouraged Noel on his journey, and congratulations to Noel on his well-deserved success!







Continuous Hope: A Guided Path Forward

When **Richard**, a guest with dementia, faced an uncertain future, the network of support you make possible was there to catch him.

As he was coming to the end of his stay in Brother Francis Shelter's Medical Respite wing, Richard felt anxious about moving into the shelter's general area—with his advanced health challenges, he didn't feel like he could fully care for himself. For neighbors like Richard, experiencing homelessness while also managing complex medical needs can be very tricky, even when emergency shelter is available.

That's why your support for Catholic Social Services' wraparound services is so important, so we can make sure everyone gets the care they need, no matter how complicated their circumstances. Staff listened to Richard's concerns and found a place for him in Catholic Social Services' Complex Care program.

Complex Care was the right fit for Richard's needs, offering a calm environment with consistent support. Since Richard was already working with Behavioral Health Services, he was able to continue receiving case management and clinical care seamlessly, without needing to start over.

As we wait with Richard for his placement in an assisted living facility, we're reminded of the life-changing impact you have on our neighbors. With your support, Catholic Social Services creates

continuity of care between many interlocking services to create lasting stability and hope for our neighbors facing the greatest challenges.



ABOVE: Your support equips our neighbors experiencing homelessness with a full range of services, so they can find help and move forward no matter their stage of life.



A Place to Belong: Hope and Healing at Brother Francis Shelter

From quiet moments of attention to life-changing support, Brother Francis Shelter helps neighbors regain stability and dignity.

Every night in Anchorage, hundreds of our neighbors face the uncertainty of finding a safe place to rest. Many turn to Brother Francis Shelter, a place that offers more than just a bed to sleep in: it's a community of care where each person is met with compassion and the chance to take their next steps.

When someone seeking support comes to Brother Francis Shelter, they're welcomed by advocates who take time to listen and understand what's needed most in that moment. It could be a quiet conversation, help navigating an unfamiliar process, or assistance in finding housing. These moments of attention and encouragement provide support and acknowledgment, helping to build confidence in those we serve and assisting them in moving toward greater stability and healing.

This fall, several neighbors are taking their next steps beyond the shelter, moving into homes of their own, reuniting with loved ones, or starting new jobs. Their journeys reflect courage and determination, supported every step of the way by the programs and connections they found at Brother Francis Shelter.

From many years of experience, we know that behind every success are countless quiet acts of kindness by donors, volunteers, and staff.

As we settle into winter, will you join our community in providing hope, care, and opportunity for growth to our neighbors in need?







GIVE TODAY

Scan the QR code to donate or sign up to volunteer, or visit cssalaska.org/donate and select "Greatest Need" from the dropdown menu.



Hope endures. So can your giving.

Your donation to the Brother Francis Shelter Endowment Fund is a gift that keeps on giving and growing, providing a permanent resource to sustain the mission of Brother Francis Shelter. You can contribute to the endowment by donating online at cssalaska.org or mailing a check to:

Catholic Social Services 4600 Debarr Road, Suite 201 Anchorage, AK 99508

Please specify that your gift is for the BFS Endowment Fund. To learn more, contact Jeff Johnson at 907-222-7358.