

Telehealth Services Statement

At Catholic Social Services we are committed to making behavioral health care accessible, confidential, and convenient. Our **telehealth services** allow clients to connect with licensed mental health professionals from the comfort and privacy of their own space.

What is Telehealth?

Telehealth is the use of secure video conferencing technology to deliver behavioral health services remotely. It enables real-time interaction between clients and providers, ensuring continuity of care without the need for in-person visits.

Benefits of Telehealth:

- Increased access to care, especially for rural or underserved communities
- Enhanced privacy and reduced stigma
- Flexible scheduling and reduced travel time
- Continuity of care during inclement weather or other disruptions

Our Commitment to Privacy and Security:

We use HIPAA-compliant platforms to ensure your personal health information remains secure. All sessions are conducted in private settings by clinicians trained in tele behavioral health best practices.

Getting Started:

To begin telehealth services, clients must complete an informed consent form and participate in an initial intake session. A stable internet connection and a private, quiet space are recommended for all sessions.

Eligibility and Support:

Telehealth is available for individual therapy, family counseling, and case management services. If you have questions or need technical assistance, our support team is here to help.