

## Hunger Crosses Every Line

Hungry people are high school and college graduates, they live with children and/or seniors. Many own their own home and have jobs. Some are disabled or homeless, while others just need a little help while they try to make ends meet.

Hunger hits every race, religion and education level — anyone can be in need of food.

**Our Mission** is to meet the daily emergency need of food to those who are unable to provide for themselves and their loved ones.

Working hand in hand with other agencies, St. Francis House identifies with the poor of today and recognizes the human dignity of those seeking relief from disempowering situations.

## Food Pantry Registration Hours

Monday: 11:00 a.m. - 2:30 p.m.

Tuesday: 11:00 a.m. - 2:30 p.m.

Wednesday: 10:00 a.m.– 1:30 p.m.

Thursday: 11:00 a.m. - 2:30 p.m.

4th Wednesday: 4:00 - 6:30 p.m.

St. Francis House  
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This institution is an equal opportunity provider.

*For the poor shall never cease out of the land: therefore I command thee, saying, Thou shalt open thine hand wide unto thy brother, to thy poor, and to thy needy, in thy land. - Deuteronomy 15:11*

## St. Francis House Emergency Outreach



*Providing Help*

*Creating Hope*



## Client Choice

St. Francis House food pantry is a client choice food pantry. We offer nutritious, balanced food choices for individuals and families.

Clients can come once a month and choose the food their family needs and desires with the assistance of a personal shopper.

St. Francis House is one of the few client choice pantries in Alaska. Those who are food insecure in our community know they can come to Catholic Social Services and receive food that fits their dietary and cultural needs.



St. Francis House fed 10,519 individuals last year by distributing 346,873 pounds of food. This was made possible by volunteers donating 3,417 hours of service.

## Volunteers & Donations: the Essentials of St. Francis House

Volunteers and donations are essential to the St. Francis House food pantry. We depend on volunteers to help distribute food and stock our food pantry shelves.

### Volunteers

We need **Personal Shoppers** to assist clients through the food shopping process.

Ideally we look for Personal Shoppers who can make a daytime commitment once or twice a month.

**Food Pantry Stocker** positions are needed to sort food donations, repackage bulk items, and stock food shopping area shelves.

**Cart Runners** are needed to assist clients to their vehicles with their food items.

**Office Assistance** is needed periodically to assist with filing and data-entry.

If you are interested and/or available to volunteer and want more information, please contact Gretchen Clark-Ross, Volunteer Manager at 222-7344 or email [gclark-ross@cssalaska.org](mailto:gclark-ross@cssalaska.org)



### Donations

**Food Donations** are always welcome. We accept food donations Monday thru Friday from 8 a.m. to 4 p.m.

Non-Perishable items such as dried beans, rice, canned food (fruit, vegetables, tuna, chili, etc.), cereals, dried fruits, and shelf-stable milk are all critically needed items at any time of the year.



**Financial donations** are also very helpful, we can access food through the Food Bank of Alaska at \$0.16 a pound — so your money goes further than just buying items at the store. Cash donations also help us pay for the day to day operations at St. Francis House, such as buying gas for the truck to pick up food at the food bank, purchasing Ziploc bags and gloves for repackaging bulk items, occupancy, and personnel.

Financial donations can be sent to 3710 East 20th Avenue, Anchorage, AK 99501 or at our secure website [www.cssalaska.org](http://www.cssalaska.org).